A selection of
Supplications
From Al-Qur’an and Authentic Hadith

“When My servants ask you about Me, I am always near. I answer their prayers when they pray to Me. The people shall respond to Me and believe in Me, in order to be guided”.
(Al-Qur’an 2:186)

FOREWORD

In the name of Allah, the Beneficent, the Merciful

All praise is due to Allah (SWT), the Almighty. We all praise Him, seek His Help, and ask His Forgiveness. We seek refuge with Him from the evil of our souls, and from our sinful deeds. He whom Allah (SWT) guides, no one can misguide him, and whoever Allah (SWT) misguides, no one can guide him. I bear witness that there is no deity worthy of worship but Allah (SWT), and I bear witness that Muhammad (pbuh) is truly His servant and Messenger.

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We pray to Allah (SWT) for guidance and help. Surely, He is over all things Powerful. May Allah (SWT) accept our effort and put it on our scale of good deeds on the Day of Resurrection to outweigh the evil deeds. Aameen.

ISLAMIC_KNOWLEDGE TEAM
DUA (SUPPLICATION)

Dua (supplication) in Islam is one of the most beautiful and profound aspects of worship. It is a direct channel to communicate personally with your Creator, Who is ever Present, and ever ready to Respond.

THE MERIT OF MAKING DU'A

"Then do remember Me; I will remember you. Be grateful to Me, and reject not Faith":  
(Qur'aan: 2:152)

"Those who believe & whose hearts find satisfaction in remembrance of Allah for without doubt in remembrance of Allah do hearts find satisfaction".  
(Qur'aan: 13:28)

The Prophet (pbuh) said that Allah, the Exalted and Glorious, thus stated: "I am near to the thought of My servant as he thinks about Me, and I am with him as he remembers Me. And if he remembers Me in his heart, I also remember him in My Heart, and if he remembers Me in assembly I remember him in assembly, better than his (remembrance), and if he draws near Me by the span of a palm, I draw near him by the cubit, and if he draws near Me by the cubit I draw near him by the space (covered by) two hands. And if he walks towards Me, I rush towards him":  
(Muslim, Book 035, Number 6471)

BEST TIMES TO MAKE DUA

There are certain times Dua is more likely to be accepted by Allah (SWT) as mentioned by Prophet (pbuh). Some of these times are as follows:

1. THE LAST THIRD OF THE NIGHT

The Prophet (pbuh) said: "When it is the last third of the night, our Allah (SWT), the Blessed, the Superior, descends every night to the heaven of the world and says, 'Is there anyone who invokes Me (demand anything from Me), that I may respond to his invocation; Is there anyone who asks Me for something that I may give (it to) him; Is there anyone who asks My forgiveness that I may forgive him?'  
(Bukhari, Volume 8, Book 75, Number 333)

2. AN HOUR ON FRIDAY

The Prophet (pbuh) said, "On Friday there is a particular time. If a Muslim happens to be praying and invoking Allah for something good during that time, Allah will surely fulfill his request." The Prophet (pbuh) pointed out with his hand. We thought that he wanted to illustrate how short that time was.  
(Bukhari, Volume 8, Book 75, Number 409)

The Prophet (pbuh) said: "Seek the time in which hope is placed on Friday from after the afternoon prayer till sunset."  
(Al-Tirmidhi Hadith 1360)

3. THE NIGHT OF 'QADR' (DEGREE)

This night in Ramadan is the greatest night of the year. The Almighty Allah (SWT) says about it, "The night of Al-Qadar (Decree) is better than a thousand months." (Qur'aan 97:3)

4. THE DUA OF A MUSLIM FOR HIS MUSLIM BROTHER OR SISTER

The Prophet (pbuh) said "He who supplicates for his brother behind his back (in his absence), the Angel commissioned (for carrying dua to his Lord) says: Ameen, and it is for you also".  
(Muslim, Book 035, Number 6589)

5. DUA DURING THE MONTH OF RAMADAN

The Prophet (SAW) said, "When the month of Ramadan comes, the gates of mercy are opened, and gates of Hell are locked and devils are chained".  
(Muslim Book 6, No. 2361)

6. A TRAVELLER’S AND A PARENT’S DUA

The Prophet (SAW) said, three duas are answered, there being no doubt about them; that of a father, that of a traveller and that of one who has been wronged.  
(Abu Dawud Book 8, Number 1531)

GLORIFICATION OF ALLAH

"Quli allahumma malika almulki tutee almulka man tashao wataniAAuu almulka mimman tashao watiAAuAAu malika un tutee umalka man tashao watiAAuAAu un tutee almulka mimman tashao watiAAuAAu malika.  

Say: "O Allah! Possessor of the kingdom, You give the kingdom to whom You will, and you Take the kingdom from whom You will, and You endue with honour whom You will, and You humiliate whom You will. In Your hand is all good. Verily, You are able to do all things".  
(Qur'aan: 3:26)

Prophet Muhammad (SAW) was instructed to make this dua. This verse refers to the situation of the Israelites. They had the kingdom, and Allah took it away. Israilites, who were a living nation, are now bustling with life with the message of Islam brought by the Prophet (pbuh). Allah (SWT) made them spiritually dead, politically and financially bankrupt, just because these people went away from Truth.

"O Allah, none can bring goodness except You and none can remove evil except You; and there is no power and strength except with Your help".  
(Abu Dawud, Book 29, No. 3909)

Huwa Allahu allazyi lila ilaahu waliyAllah min ala pela Allazeen akhar taalaa el alim al-khaleel al-amir al-munir al-azim al-mawjud al-mazheen al-malik al-munir al-muhaymin al-mu'min al-mu'minun al-mu'ayminun al-mu'aymayyanun

"Allah is He, than Whom there is no other god- the Sovereign, the Holy One, the Source of Peace (and Perfection), the Guardian of Faith, the Preserver of Safety, the Exalted in Might, the Irresistible, the Supreme: Glory to Allah. (High is He) above the partners they attribute to Him."  
(Qur'aan: 59:23)
THANKING ALLAH

Waith taaththana rabbukum lain shakartum laazeedannakum walain kafartum inna AAathabee lashadeedun

And remember! Your Lord caused to be declared (publicly): "If you are grateful, I will add more (favours) unto you. But if you show ingratitude, truly My punishment is terrible indeed.”

(Qur'aan: 14:7)

Hatha min fadli rabbee liyabluwanee aashkuru am akfuru waman shakara fainnama yashkuru linafsii waman kafara faimna rabbee ghaniyyun kareemun

"This is by the Grace of my Lord! To test me whether I am grateful or ungrateful! And if any is grateful, truly his gratitude is (a gain) for his own soul, but if any is ungrateful, truly my Lord is Free of all Needs, Supreme in Honour!"

(Qur'aan: 27:40)

Alhamdu lillahi allathee hadana lihatha warna kunna linahthadiya law an hadana Allah

"Praise be to Allah, who has guided us to this (felicity), never could we have found guidance, had it not been for the guidance of Allah."

(Qur'aan: 7:43)

Rabbi awzii Aanee an aashkura niAAamatake allatee anAAamta AAalayya waAAala wailidayya waan aAAamalal saliahn tadahu waadkhileeb birahmatika fee AAibadika alssaliheena

"O my Lord! So order me that I may be grateful for Your favours, which you have bestowed on me and on my parents, and that I may work the righteousness that will please You: And admit me, by Your Grace, to the ranks of Your righteous Servants."

(Qur'aan: 27:19)

TRUST IN ALLAH

Innee tawakkaltu AAAala Allahi rabbee warabbikum ma min dabbatinn ila huwa akhilhun binsiyathaa inna rabbbee AAAala siratin mustaaqeemin

"I put my trust in Allah, My Lord and your Lord! There is not a moving creature, but He has grasp of its fore-lock. Verily, it is my Lord that is on a straight Path”.

(Qur'aan: 11:56)

Qul huwa alrrahmanu amanna bihi waAAAalayhi tawakkalna fasataAAAlamoona man huwa fee dalalalin mubeenin

Say: “He is (Allah) Most Gracious, We have believed in Him, and on Him have we put our trust. So, soon will you know which (of us) it is that is in manifest error.”

(Qur'aan: 67:29)

Faqaloo AAAala Allahi tawakkalna rabbana laa tajAAAalna fitnatan lilqawmi alththalimeena Wanajjina birahmatika mina alqawmi alkafireena

They said: “In Allah do we put our trust. Our Lord! Make us not a trial for those who practise oppression. And save us by Your Mercy from those who disbelieve.”

(Qur'aan: 10:85-86)

Rabbi awzii Aanaahe an ashkura niAAamatake allatee anAAamta AAalayya waaAAAala wailidayya waan aAAAamalal saliahn tadahu waadkhileeb birahmatika fee AAibadika alssaliheena

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(Qur'aan: 27:19)

Bismillaahi, tawakkaltu 'alallaahi, wa laa hawla wa laa quwwata illa billaah.

"In the name of Allah, I trust in Allah; there is no might and no power but in Allah."

(Abu Dawud, Book 41, Number 5076)

The Prophet (SAW) said, "say Laa hawla wa laa quwwata illa billaah, for it is one of the treasures of Paradise.”

(Bukhari, Volume 8, Book 75, Number 393)
DEPENDANCE ON ALLAH

Innee waajahtu wajhiya lillathee fatara alssamawati waalarda handeenan wama ana mina almushrikeena

“For me, I have set my face, firmly and truly, towards Him Who created the heavens and the earth, and never shall I give partners to Allah.” (Qur’aan: 6:79)

PROTECTION FROM SHAYTAAN

Waqul rabbi aAAoothu bika min hamazati alshshayateeni WaaAAoothu bika  rabbi an yahdhurooni

And say “O my Lord! I seek refuge with You from the whisperings (suggestions) of the Shayatin (devils)  “And I seek refuge with You, My Lord! lest they should come near me.” (Qur’aan: 23:97)

BLESSINGS ON PROPHET MUHAMMED (SAW)

Allahumma Rabba hadhihi-d-da’ waalat-tammati was-salatil qa’imati, ali Muhammadan alwasilata waal-fadilata, wab’ athhu maqaman mahmudan ila’adha ta’awunatuwa alb’aadi (innaka laa tukhliful-mee’a’aad).

“Oh Allah, Lord of this perfect call and established prayer. Grant Muhammad the intercession and favor, and raise him to the honored station You have promised him, (verily You do not neglect promises).” (Bukhari, Volume 1, Book 11, Number 588)

The Prophet (SAW) said: “He who blesses me once, Allah (SWT) would bless him ten times.” (Muslim, Book 004, Number 0808)

A’uthu bi kalimaatil-laaish-tam-maatini min ghadabihi wa ‘iqabihi, wa shari ‘ibaadihi. wa min hama-zaatish-shayateeni wa an yahdhuroon.

“Seek refuge in the Perfect Words of Allah from His anger and His punishment, from the evil of His slaves and from the taunts of devils and from their presence”. (Abu Dawud, Book 28, Number 3884)

A’uthu bi kalimaatil-laaish-tam-maatini min shari maa khalaga.

“I seek refuge in the Perfect Word of Allah from the evil of what He has created.” (Muslim, Book 035, Number 6541)

Say: “I seek refuge with the Lord of the Dawn. From the evil of what He has created; From the evil of Darkness as it overspreads, From the evil of those who practise witchcrafts when they blow in the knots, And from the evil of the enier when he envies”.

(Qur’aan: 113-1-5)

Whenever the Prophet (SAW) went to bed, he used to recite Surat-al-Ikhlas, Surat-al-Falaq and Surat-an-Nas and then blow on his palms and pass them over his face and those parts of his body that his hands could reach. And when he fell ill, he used to order Aisha (his wife) to do like that for him.

(Bukhari, Volume 7, Book 71, Number 644)

Whenever Allah (SWT)’s Apostle became ill, he used to recite the last two Surahs of the Qur’an and then blow his breath and passed his hand over himself.

(Bukhari, Volume 5, Book 59, Number 644)

O Earth, your Lord and my Lord is Allah I (therefore) seek His protection from your mischief and the mischief of what He has created within you and the mischief of what walks on you. And I seek Allah’s protection against lions, black cobras, snakes, scorpions. And I seek His protection from the inhabitants of this town and from every father and what he has sired”.

(Albukhari, Volume 14, Number 2597)

“O Earth, your Lord and my Lord is Allah I (therefore) seek His protection from your mischief and the mischief of what He has created within you and the mischief of what walks on you. And I seek Allah’s protection against lions, black cobras, snakes, scorpions. And I seek His protection from the inhabitants of this town and from every father and what he has sired”.

(Albukhari, Volume 4, Book 55, Number 590)

This verse is known as Ayatul Karimah, the “glorious verse”. This dua was recited by Prophet Yunus (pbh) when he found himself in the dark belly of a big fish, who swallowed him alive.

(Qur’aan: 21:87)

Rabbi innee lima anzalta ilayya min khayarin faqeerun

“O My Lord! Truly am I in (desperate) need of any good that You bestow on me!”

(Qur’aan: 28:24)

IN DISTRESS

La ilaha illa anta subhanaka innee kuntu mina alththalimeena

“O Earth, your Lord and my Lord is Allah I (therefore) seek His protection from your mischief and the mischief of what He has created within you and the mischief of what walks on you. And I seek Allah’s protection against lions, black cobras, snakes, scorpions. And I seek His protection from the inhabitants of this town and from every father and what he has sired”.

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“O My Lord! Truly am I in (desperate) need of any good that You bestow on me!”

(Qur’aan: 28:24)
FaAllahu khayrun hafithan wahuwa arhamu alrrahimeena
"But Allah is the best to take care (of them), and He is the Most Merciful of those who show mercy!"
(Qur’aan: 12:64)

Allaahumma innee a’uthu bika minal-hammi wal-hazani wa ajzi Wal-kasali wal-bukhli wal-jubni wa dhala’id-daini wa ghalabatir rijaali
"Oh Allah, I seek refuge in you from grief and sadness, from weakness and from laziness, from miserliness and from cowardice, from being overcome by debt and from being overpowered by men (i.e. other people)”
(Bukhari, Volume 8, Book 75, Number 380)

Rabbana ikshif AAanna alAAathaba inna muminoona
"Our Lord! remove the Penalty from us, for we do really believe!”
(Qur’aan: 44:12)

This dua was recited by the people of the cave, known as ashaabul kahf, when they heard the sound of advancing soldiers, while running away from the army of the cruel king, who wanted to kill them because they, as true believers, refused to worship idols.

Annee massaniya alddurru waanta arhamu alrrahimeena
"Truly distress has seized me, but You are the Most Merciful of those that are Merciful.”
(Qur’aan: 21:83)

This dua was recited by Prophet Ayyub (pbuh). Allah (SWT) put him through severe trials by taking away his wealth, health and children. His father, a descendant of Ishaq, was a very rich man. Although poor health, disease and poverty made him weak and miserable, he never complained or showed despair. His patience and endurance became a byword for coming generations till now.
Allaahumma rahmata maka arjoo falaa takilnee ilaa nafsee tarfata ‘ainin, wa aslih lee sha’nee kullahu, laa ilaaha illaa Anta.

“Oh Allah, I hope for Your mercy. Do not leave me to myself even for the blinking of an eye (i.e. a moment). Correct all of my affairs for me. There is none worthy of worship but You”

(‘Abd al-Dawud, Book 41, Number 5071)

Qala rabbi ohkum bi alhaqqi warabbuna alrahmanu almusta’ana Aala ma tasifoon

Say: “O my Lord! judge Thou in truth!” “Our Lord Most Gracious is the One Whose assistance should be sought against the blasphemies you utter!”

(Qur’aan: 21:112)

Prophet Muhammad (SAW) made this dua. This dua confirms Allah (SWT) as the ultimate Judge of truth and that He alone will protect us against blasphemies uttered by non-believers.

**GENERAL WELL BEING**

Waqul rabbi adkhilnee mudkhala sidqin waakhrijnee mukhraja sidqin wa ijjAAal lee min ladunka sultanan naseeran

Say: “O my Lord! Let my entry be by the Gate of Truth and Honour, and likewise my exit by the Gate of Truth and Honour; and grant me from Your Presence an authority to aid (me).”

(Qur’aan: 17:80)

“O Allah! I beg of You blessings of entering and leaving. With Allah’s name do we enter and with Allah’s name do we leave and upon Allah, our Lord do we rely.”

(‘Abd al-Dawud, Book 41, Number 5077)

“O Allah! I seek refuge in Your pleasure from Your anger, and in Your forgiveness from Your punishment, and I seek refuge in Thee (Your anger). I cannot count Your praises, You are as You have praised Yourself.”

(Muslim, Book 004, Number 0986)

Allaahumma innee a’uthu bi ridhaaka min sakhatika, wa bi mu’aa-faatika min ‘uqoobatika, wa a’uthu bika minka, laa uhsee thanaa’an ‘alaika, Anta kamaa athnaita ‘alaan nafsika.

“Allah! I seek refuge in Your pleasure from Your anger, and in Your forgiveness from Your punishment, and I seek refuge in Thee from Thee (Your anger). I cannot count Your praises, You are as You have praised Yourself.”

(Muslim, Book 004, Number 0986)

Rabbana atina fid-dunya hasanatan wa fil ‘akhirati hasanatan waqina ‘adhaban-nar.

“Our Lord! Give us in this world that which is good and in the Hereafter that which is good, and save us from the torment of the Fire!”

(Qur’aan: 2:201)

“O Allah! Let me live as long as life is better for me, and take my life if death is better for me.”

(‘Abd al-Dawud, Book 41, Number 5077)

“The Prophet (SAW) said “Whenever you go to bed perform ablution like that for the prayer, lie on your right side and say this dua, then if you die on that very night, you will die with faith (i.e. the religion of Islam).”

(Bukhari, Volume 1, Book 4, Number 247)
Asbahnaa wa asbahal-mulku liilaahi Rabban, wa bil-Islaami deenan, wa bi Muhammadin (Sallallaahu ‘alaihi wa sallam) Nabiyyan.

“Radheetu bilaahi Rabban, wa bil-Islaami deenan, wa bi Muhammadin (Sallallaahu ‘alaihi wa sallam) Nabiyyan.

“I am pleased with Allah as My Lord, with Islam as my religion and with Muhammad as my Prophet”. (Abu Dawud, Book 41, Number 5054)

Allahumm-aslih li diniyalladhi huwa ismatu amri, wa aslih li dunyaya-llatii fiha ma’ashi, wa aslih liakhirati-llatii fiha ma`adi, waj`alil-hayata ziyadatan li fi kulli khair, waj`alil-mauta rahatan li min kulli sharrin

“O Allah, set aright my religious life which is a safeguard in all my affairs, set aright my worldly life which is a source of my maintenance, set aright my life of the hereafter unto which I am bound to return, and make my life a source of earning more and more good and make my death a refuge against all troubles.” (Muslim, Book 035, Number 6565)

“Lord, do help me and do not help anyone else against me, grant me success and do not enable my enemy to get the better of me, do support me by Your hidden manoeuvring and do not favour my opponents in similar manner against me; grant me guidance and make it easy for me to pursue the right path and help me in the event of an enemy rising against me. My Lord, grant me that I remember and remain grateful to You intensely and/ear and obey You thoroughly and make me one who supplicates to You profoundly and make me one who is obedient to You and make me one who contemplates about You with incessant tears and devotion. My Lord, accept my repentance, wash off my sins, grant my prayer, strengthen my argument, straighten my speech, guide my heart aright and quench its irritation”. (Abu Dawud, Book 8, Number 1505)

Radheetu bilaahi Rabban, wa bil-Islami deenan, wa bi Muhammadin (Sallallaahu ‘alaihi wa sallam) Nabiyyan.

“I am pleased with Allah as My Lord, with Islam as my religion and with Muhammad as my Prophet”.

(Abu Dawud, Book 41, Number 5054)
“O Allah, unite our hearts and set aright our mutual affairs, guide us to the path of peace, liberate us from darkness by Your light, save us from obscene practices whether hidden or open, bless us in our ears, eyes, hearts, wives and children and accept our repentance; verify You are Oft-returning, Merciful; and grant us that we may be grateful to You and full of praise for You for Your bounty and that we may welcome it and be pleased to fulfill Your bounty for us”.

(Abu Dawud, Book 3, Number 0964)

“O Allah, I seek Your protection from acute hunger, for it is an evil companion and from dishonesty as it indicates a bad nature.”

(Abu Dawud, Book 8, Number 1542)

“None is worthy of worship besides You. You have no partner. You are Pure. O Allah! I seek forgiveness from You for my sins and I seek Your mercy. O Allah! Increase me in my knowledge and let not my heart deviate after You have guided me and grant me special mercy from Your presence for You are the one who grants bounties without measure”.

(Abu Dawud, Book 41, Number 5043)

“O Allah, I seek Your protection from vicious manners and actions, evil desire and diseases.”

(Abu Dawud, Book 8, Number 1549)

“O Allah. I beg of You guidance, piety, chastity and independence (from your creation).”

(Muslim, Book 035, Number 6566)

Subhaan Allaahi, Wal hamdu Lillaahi, Wallaahu Akbar

“Allah is Glorified, The praise is for Allah, Allah is the Greatest”

The Prophet (SAW) then said, “Shall I not tell you of a thing which is better for you than a servant? When you (both) go to your beds, say ‘Allahu Akbar’ thirty-four times, and ‘Subhan Allah’ thirty-three times, ‘Alhamdu ‘illah’ thirty-three times, for that is better for you than a servant.” Ibn Sirin said, “Subhan Allah’ (is to be said for) thirty-four times.”

(Bukhari, Volume 8, Book 75, Number 330)
**SEEKING KNOWLEDGE AND WISDOM**

Rabbi zidnee ilma
“My Lord! Increase me in knowledge”.  
(Qur’aan: 20:114)

This dua is taught by Muhammad (SAW) by Allah (SWT) Himself. The verse relates to an instruction not to hasten with Qur’aan before it is completely revealed. While revelation of the Qur’aan was incomplete, our Prophet (SAW) was instructed to make this dua. In our situation, when our knowledge is limited about Qur’aan, we should always make this dua to understand Qur’aan more.

Rabbi hab lee hukman waalhiqnee bialssaliheena
“My Lord! Bestow wisdom on me, and join me with the righteous”.  
(Qur’aan: 26:83)

Prophet Ibrahim (pbuh) made this dua. Ibrahim (pbuh) was making dawah to his father Azar and his people. The people were disbelievers. Ibrahim (pbuh) while explaining to the people about the truth and benefits of obeying Allah (SWT), made this dua. This dua stresses that our knowledge should guide us to be righteous. We are to be righteous, not blindly, but based on sound knowledge and wisdom.

**SEEKING GUIDANCE**

Lain lam yahdinee rabbee laakananna mina alqawmi alddalleena
“Unless my Lord guide me, I shall surely be among those who go astray”.  
(Qur’aan: 6.77)

AAasa rabbee an yahdiyanee sawaa alssabeeli
“I do hope that my Lord will show me the smooth and straight Path.”  
(Qur’aan: 28.22)

Rabbana la tuzhig quloobana baAAda ith hadaytana wahab iha min ladunka rahmatan innaka anta alwahhabu
“Our Lord! Let not our hearts deviate (from the truth) after You have guided us, but grant us mercy from You. You are the Grantors of bounties without measure”.  
(Qur’aan: 3:8)
SEEKING PROTECTION

Fatira alssamawati waalarid waaliyee fee aldunya waalakhirat tawaffanee (Musliman waalhiqnee bialssaliheena)

"You Creator of the heavens and the earth! You are my Protector in this world and in the Hereafter. Take You my soul (at death) as one submitting to Your will (as a (Muslim), and unite me with the righteous."

(Qur’aan: 12:101)

Prophet Yusuf (peace be upon him) made this dua after he became the ruler of Egypt, and he met with his parents. The parents prostrated to Allah (SWT) and Yusuf (peace be upon him) realised his dream of eleven stars and the sun and the moon making obeisance to Allah (SWT).

Allaahumma innee a’uthubika an adhilla, aw udhalla, aw azilla, aw uzalla, aw adhlima, aw ufdhama, aw ajhala aw yujhala ‘alayya.

"Oh Allah, I seek refuge in You lest I misguide others, or I am misguided by others, lest I cause others to err or I am caused to err, lest I abuse others or be abused, and lest I behave foolishly or meet with the foolishness of others".

(Abu Dawud, Book 41, Number 5075)

Allaahumma innee as’alukal- ‘afwa wal- ‘aafiyata fid-dunya waal-akhirati Allaahumma innee as’alukal- ‘afwa wal- ‘aafiyata: Fee deenee wa dunyayaa wa ahleee, wa maalee, Allaahum-mastur ‘aurateee, wa aamin rau’aatee, Allaahum-mahfadhni min baini yadayya, wa min khalleee, wa ‘an yameenee, wa ‘an shimaalee, wa min fawgee, wa a’uthu bi’adhmatika an ughtaala miil tahthee

"O my Lord! If it had been Your will You could have destroyed, long before, both them and me; would You destroy us for the deeds of the foolish ones among us? This is no more than Your trial: By it You cause whom You will to stray, and You lead whom You will unto the right path. You are our Protector: so forgive us and give us Your mercy; for You are the best of those who forgive."

(Qur’aan: 7:155)

During the absence of Prophet Musa (pbuh), the Israelites took a calf as an object of worship. Oh Allah, guard me from what is in front of me and behind me, from me, from my left, and from my right, and from above me. I seek refuge in Your Greatness from being struck down from beneath me”.

(Abu Dawud, Book 41, Number 5056)
SEEKING PATIENCE AND PERSEVERANCE

Rabbana aführgh AAalayna sabran watawaffana (Muslimeena)
“Our Lord! pour out on us patience and constancy, and cause us to die as (Muslims).”
(Qur’aan: 7:126)

Wama lana alla natawakkala AAala Allahi waqad hadana subulana walanasbiranna AAala ma
athaytumoona waAAala Allahi falyatawakkali almutawakkiloona
“No reason have we why we should not put our trust on Allah. Indeed He Has guided us to
the Ways we (follow). We shall certainly bear with patience all the hurt you may cause us.
For those who put their trust should put their trust on Allah.”
(Qur’aan: 14:12)

SEEKING HEALTH

Allaahumma 'aafinee fee badanee, Allaahumma 'aafinee fee sam'een, Allaahumma 'aafinee fee
basaree, laa laaha illa illa Anta. Allaahumma innee a’uthu bika a‘fthu bika min athalqabri laa laaha illa illa Anta.

“O Allah, I seek Your protection from the mischief of my ears, eyes, tongue, heart and
semen” (i.e. sexual passion).
(Al-Adh-dhibal-bas, B. S., Number 1546)

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SEEKING WEALTH

WaAllahu khayru alrraziqeena
“Allah is the Best to provide (for all needs).” (Qur’aan: 62:11)

Inna alfaida biyadi Allahi yuteehi man yashao waAllahu waa‘Aun AAaleemun
“All bounties are in the hand of Allah. He grants them to whom He pleases, And Allah cares
for all, and He knows all things.” (Qur’aan: 3:73)

Allahumma innaa nas’aluka fee safarinaa hathal-birra wat-taqwaa, wa minal-‘amali maa tardhaa,
“Oh Allah, we ask you on this our journey for goodness and piety, and for works that are
pleasing to You. Oh Allah lighten this journey for us and make its distance easy for us. Oh
Allah, You are our Companion on the road and the One in Whose care we leave our family.
Oh Allah, I seek refuge in you from this journey’s hardships, and from the wicked sights in
store and from finding our family and property in misfortune upon returning.”

(Muslim, Book 007, Number 3113)

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Waqala irkaboo feeha bismi Allahi majraha wamursaha inna rabbee laghafoorun raheem
“So he said: “Embark ye on the Ark, In the name of Allah, whether it move or be at rest! For
my Lord is, be sure, Oft-Forgiving, Most Merciful!” (Qur’aan: 11:41)

Prophet Nuh (pbuh) made this dua after he loaded a pair of animals in his ark, except his
unbelieving son. This dua helped Nuh (pbuh), the believers and the necessary animals in the Ark
sail through the deluge till the water subsided.

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Subhanalla-thee sakh-khara-lana haatha wa-ma kun-na laho muqrineena wa inna ila Rabbina la-
mun-qal- boon.
“Glory be to Him (Allah) Who has brought this (vehicle) under our control though we were
unable to control it. Sure, we are to return to our Lord.” (Qur’aan: 43:13)

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And remember Abraham said: “My Lord, make this a City of Peace, and feed its people with
fruits,-such of them as believe in Allah and the Last Day.” He said: “(Yea), and such as reject
Faith, for a while will I grant them their pleasure, but will soon drive them to the torment of
Fire, an evil destination (indeed)!" (Qur’aan: 2:126)

(Muslim, Book 007, Number 3113)

WHEN TRAVELLING

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Fire, an evil destination (indeed)!” (Qur’aan: 2:126)

(Muslim, Book 007, Number 3113)
WEARING NEW GARMENT

Allahumma lakal hamdu kama kasawtanihi, asalakun min fillhoow wakhtum ma sa'luhu
wa'a'lu bika min sharihi wa-sharri ma-suni'a lahu.

"Oh Allah, all praise and thanks to You for clothing me with this (garment). I ask You for the
good of it and the good of what it was made for, and I ask Your protection from the evil of it
and the evil of what it was made for."

(Al-Dawud Book 32, Number 4009: Tirmidhi (59) Hadith Number 7)

DUAS FOR SPEECH

Qala rabbi ishrah lee sadree. Wayassir lee amree. Waohlul AAuqdatan min lisanee. Yafqahoo
qawlee

"Oh My Lord! Open for me my chest (grant me self-confidence, contentment, and
boldness). And ease my task for me; And loose the knot (the defect) from my tongue, That
they may understand my speech"

(Qur’aan: 20:26)

Prophet Musa (pbuh) made this dua while proceeding to the court of Firawn for the arguments. In
this dua, there is a request to increase one’s knowledge base – an important requirement for
arguments. The second request is to remove physical limitations or limitation of resources. The
third request is to allow him make lucid, easy to understand arguments. As we know, Musa (pbuh)
was successful in the Firawn’s court and the wise men in the court had accepted the truth.

DUAS FOR PARENTS

Rabbana ighfir lee waliwalidayya walilmumineena yawma yaqoomu alhisabu

"O our Lord! Make of us (Muslims, bowing to Your (Will), and of our offspring a nation
submissive unto You, and show us our Manasik (all the ceremonies of pilgrimage – Hajj
and Umrah) and accept our repentance. Truly You are the One Who accepts repentance,
the Most Merciful"

(Qur’aan: 2:128)

Rabbi awziAAnee an ashkura niAAmataka alalate anAAamta AAalayya waAAala waliwadiyya waan
aAAamala salihan tardahu waasili lee feh thrurriyyatee innee tubtu ilayka wainnee mina
al(Muslimeena

"O My Lord! grant me that I should be grateful for Your favor which You have bestowed on
me and my parents, and that I should do good such as You are pleased and do good to me
in respect of my offspring; surely I turn to You, and truly I submit (toYou) in Islam.”

(Qur’aan: 46:15)

Rabbi ighfir lee waliwadiYYa waliman dakhala bayliya muminan waamiluminita
waala tazidi alththalimeena illa tabaran

"O my Lord! Forgive me, my parents, all who enter my home as a believer, and (all)
believing men and believing women: and to the wrong-doers grant You no increase but
destruction!”

(Qur’aan: 71:28)

DUAS FOR OFFSPRING

Rabbi hab lee mina alssaliheena

"O My Lord! Grant me (offspring) from the righteous”

(Qur’aan: 37:100)

Rabbana waijAAalna (Muslimayni laka wamin thurriyyatina ommatan (Muslimatan laka waarina
manaskana watub AAalayya innaka anta altaawwabu alfrreemu

"Our Lord! Make of us (Muslims, bowing to Your (Will), and of our offspring a nation
submissive unto You, and show us our Manasik (all the ceremonies of pilgrimage – Hajj
and Umrah) and accept our repentance. Truly You are the One Who accepts repentance,
the Most Merciful”.

(Qur’aan: 2:128)

Rabbi la tatharnee fardan waanta khayru alwaritheena

"O My Lord! Leave me not childless, though You are the Best of the inheritors.”

(Qur’aan: 21:89)

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Rabbi hab lee min ladunka thurriyyatan tayyibatan innaka sameeAAu allduAAai  
“O my Lord! Grant unto me a good offspring. You are indeed the All-Hearer of dua!”  
(Qur’aan: 3:38)

Prophet Zakariya (pbuh) made this dua. Maryam was entrusted with Zakariya as a guardian.  
When Maryam grew up in purity and devoutness, Zakariya longed for such a child for himself, a  
child who would be pure, virtuous and honourable as Maryam.

Wainnee khiftu almawaliya min waraee wakanati imraatee AAaqiran fahab lee min ladunka waliyyan  
“Now I fear (what) my relatives (and colleagues) (will do) after me: but my wife is barren:  
so give me an heir as from Yourself”.  
(Qur’aan 19:5)

Rabbi ijAAalnee muqeema alssalati wamin thurriyyatee rabbana wtaqabbal duAAai  
“O my Lord! Make me one who establishes Prayer (Iqamat-as-Salat) and also (raise such)  
among my offspring O our Lord! And accept our dua”.  
(Qur’aan: 14:40)

As a parent of Ismail and Ishaq, Prophet Ibrahim (pbuh) supplicated to Allah (SWT) to make him  
steadfast in his Salaat. He also asked to make his offspring steadfast in their Salaat.

DUAS FOR FINDING A SUITABLE SPOUSE

Subhana allatheena amanoo waAAamiloo a alssalihati sayajAAalu lahumu a Allahu wudda  
“On those who believe and work deeds of righteousness, will (Allah) Most Gracious  
bestow love”.  
(Qur’aan: 19:96)

Rabbana hab lana min azwaja kullaha mimma tunbitu alardu wamin anfusihim wamimma la  
yaaAlamoona  
“Glory to Allah, Who created in pairs all things that the earth produces, as well as their  
own (human) kind and (other) things of which they have no knowledge”.  
(Qur’aan: 36:36)

Waallafa bayna quloobihim law anfaqta ma fee alardi jameeAAan ma allafta bayna quloobihim  
walakinnna Allahu allafa baynahum innahu AAazeezun hakemun  
“And (moreover) He has put affection between their hearts: not if you had spent all that is  
in the earth, could You have produced that affection, but Allah has done it: for He is  
Exalted in might, Wise”  
(Qur’aan: 8:63)

AT BEGINNING OF SEXUAL INTERCOURSE

Bismillah, Allahumma jannibna-sh-shaitan, wa jannibi-sh-shaitan ma razaqtana  
“In the name of Allah. O Allah! Protect us from Satan and also protect what you bestow  
upon us”.  
(Bukhari, Volume 8, Book 75, Number 397)
SORTING OUT DIFFERENCES

Amantu bima anzala Allahu min kitabin waomirtu lia’Adlila baynakum Allahu rabbuna warabukum lana aAAnaluna walakum aAAnaluka la hujjata baynana wabaynakumu Allahu yajma’u baynana wailayatu almaseeru

“I believe in the Book which Allah has sent down; and I am commanded to judge justly between you. Allah is our Lord and your Lord: for us (is the responsibility for) our deeds, and for you for your deeds. There is no dispute between us and you. Allah will bring us together, and to Him is (our) Final Goal”.

(Qur’aan: 42:15)

SEEKING VICTORY OVER ENEMIES

Walamma barazoo lijaalota wajunoodhi qaloo rabbana aghrif aAAlaya sabran wathabit aqdamana wabynuna AAala alqawmi alkafterena

“Our Lord! Bestow on us patience and set firm our feet and make us victorious over the disbelieving people”.

(Qur’aan: 2:250)

When Talut (Saul) marched with his soldiers to confront Jalut (Goliath), the small force of Talut including Dawud made this dua. Jalut’s army was larger than Talut’s. But on Talut’s side was Allah (SWT) since Talut was marching to establish a kingdom in the name of Allah (SWT). In the war, Talut’s forces fought with the authority of Allah (SWT), in a response to this dua. Dawud killed Jalut, and Allah (SWT) gave Dawud the kingdom and wisdom.

Qala rabbi onsurnee AAala alqawmi almsfideena

“O my Lord! Help You me against people who do mischief!”

(Qur’aan: 29:30)

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Rabbana la tajarra fiitnaan illattheena kafaroo waighfir lana rabbana innaka anta alAAazeezu alhakeemu
“Our Lord! Make us not a (test and) trial for the disbelievers, but forgive us, our Lord! Verily, You, only You, are the All-Mighty, the All-Wise.” (Qur’aan: 60:5)

Rabbana faighfir lana thunoobana wakaffir AAanna sayyiatina watawaffana maAAa alabrari
“Our Lord! Forgive us our sins, blot out from us our iniquities, and take to Yourself our souls in the company of the righteous”. (Qur’aan: 3:193)

Rabbana AAalayka tawakkalna wailayka anabna wailayka almaseeru
“Our Lord! In You we have placed our trust, and to You do we turn in repentance, for unto You is the end of all journeys”. (Qur’aan: 60:4)

Qala rabbana thalamna anfusana wain lam taghfir lana watarhamna lanakoonanna mina alkhasireena
“Our Lord! We have wronged our own souls: If you forgive us not and bestow not upon us Your Mercy, we shall certainly be lost”. (Qur’aan: 7:23)

Noah said: “O my Lord! I do seek refuge with You, lest I ask You for that of which I have no knowledge. And unless You forgive me and have Mercy on me, I should indeed be lost!” (Qur’aan: 11:47)

Prophet Nuh (pbuh) had requested Allah (SWT) to save his sinner son at the tie of Great Deluge on the pretext of he being a member of his family. He had made this request out of fatherly love for his son. But the son being a sinner and rejector of faith, was not to be saved. Allah (SWT) admonishes Nuh (pbuh) not to ask about which he has no knowledge. This dua is to be made to show humility in our mind and seek forgiveness and guidance from Allah (SWT).
PROTECTION FROM TRIALS OF THE HEREAFTER

Waallahtheena yaqooloona rabbana ihsan naa Aaathaba jannahuma inna Aaathaba kana gharaman

“Our Lord! Avert from us the Wrath of Hell, for its Wrath is indeed an affliction grievous -
Evil indeed is it as an abode, and as a place to rest in”.                             (Qur’aan: 25:65)

Rabbana wasiAAta kulla shayin rahmatan waAAilman faighfir lillatheena taboo waittabaAAoo
sabeelaka waqihim AAathaba aljaheemi

“Our Lord! You comprehend all things in Mercy and Knowledge. Forgive, then, those who
turn in Repentance, and follow Your Path; and save them from the torment of the Blazing
Fire!”                                                                                                                        (Qur’aan: 40:7)

Rabbana waadkhilhum jannati AAadnin allatee waAAadtahum waman salaha min abaihim
waazwajihim wathurriyyatihim innaka anta alAAazeezu alhakeemu

“And grant, our Lord! that they enter the Gardens of Eternity, which You hast promised to
them, and to the righteous among their fathers, their wives, and their posterity! For You art
(He), the Exalted in Might, Full of Wisdom”.                                                       (Qur’aan: 40:8)

Allaahumma innee a’uthu bika min athaabil-qabri, wa min ‘athaabi jahannama, wa min fitnatil-
mahyaa waal-mamaati, wa min fitnatil-maseehid-dajjaal.

“Oh Allah, I seek refuge in You from the punishment of the grave, and from the
punishment of Hell-fire, and from the trials of life and death, and from the evil of the trial of
Dajjaal”.                                                                                          (Bukhari, Volume 8, Book 60, Number 230)

Allaahumma anta Rabbi la ilaha illa anta, Anta Khalaqtani wa ana abduka, wa ana ‘ala ahdika wa
wa’idika mustatta’u, A’udhu bika min Sharri ma sana’tu, abu’u Laka bin’matika ‘alaiya, wa Abu
Laka bidhanbi faghfirli innahu la yaghfuru adhdhunuba illa anta.

“Oh Allah! You are my Cherisher. There is no deity except You. You have created me and
I am your servant and as far as possible, I abide by my solemn promise and covenant
(which I made to You). I seek Your protection against the consequences of my
wrongdoings. I fully acknowledge the grace You have bestowed upon me and! confess my
faults. So pardon me as none besides You can pardon sins”.                                          (Bukhari, Volume 8, Book 75, Number 318)
**ISTIKHARAH PRAYER**

Allahumma innee astakheeruka bu-ilmika, wa astaqdiruka biqudra-tika, wa as'aluka min fadhlikal — (then mention the thing to be decided) Khairun lee fee deenee wa ma'aashee wa 'aaqibati amree — (or say) — Aajilihi wa aajilihi. Faqdurhu lee wa yassirhu lee thumma baarik lee feehi wa in kunta ta'alamu anna haathal-amra — (or say) — 'Aajilihi wa aajilihi. Fasrifhu ‘annee wasrinee ‘anhu waqdur liyal-khaira haithu kaana thumma ardhinee bihi.

"Oh Allah, I seek the counsel of Your knowledge, and I seek the help of Your omnipotence and I beseech You for Your magnificent grace. Surely You are Capable and I am not. You know and I know not, and You are the Knower of the unseen. Oh Allah, if You know that this matter (then mention the thing to be decided) is good for me in my religion and in my life and for my welfare in the life to come, — (or say: in this life and the afterlife) — then ordain it for me and make it easy for me, then bless me in it. And if You know that this matter is bad for me in my religion and in my life and for my welfare in the life to come, — (or say: in this life and the afterlife) then distance it from me, and distance me from it, and ordain for me what is good wherever it may be, and help me to be content with it."

(Aluminium Volume 2, Book 21, Number 263)

**TAHAJJUD PRAYER**

Allahumma lakal-hamd. Anta qaiyimus-samawati wal-ard wa man fihinna. Walakal-hamd, Laka mulkus-samawati wal-ard wa man fihinna. Walakal-hamd, anta nurus-samawati wal-ard. Walakal-hamd, anta-l-haq wa wa'duka-l-haq, wa iq'a'uka Haq, wa qualuka Haq, wal-jannatu Han wan-naru Haq wannabiyyuna Haq, Wa Muhammadun, salial-lahu'alihi wasalam, Haq, was-sa'atu Haq. Allahumma aslamtu Laka wabika amantu, wa 'Alaika tawakkaltu, wa ilaika anabtu wa bika khasamtu, wa ilaika hakamtu faghfir li ma qaddamtu wama akh-khartu wama ras-lantu, anta-l-muqaddim wa anta-l-mu akh-khir, la ilaha illa anta (or la ila'ha ghairuka).

"O Allah! All the praises are for you, You are the Holder of the Heavens and the Earth, And whatever is in them. All the praises are for You; You have the possession of the Heavens and the Earth And whatever is in them. All the praises are for You; You are the Light of the Heavens and the Earth And all the praises are for You; You are the King of the Heavens and the Earth; And all the praises are for You; You are the Truth and Your Promise is the truth, And to meet You is true, Your Word is the truth And Paradise is true And Hell is true And all the Prophets (Peace be upon them) are true; And Muhammad is true, And the Day of Resurrection is true. O Allah ! I surrender (my will) to You; I believe in You and depend on You. And repent to You, And with Your help I argue (with my opponents, the non-believers) And I take You as a judge (to judge between us). Please forgive me my previous And future sins; And whatever I concealed or revealed And You are the One who make (some people) forward And (some) backward. There is none to be worshipped but you . Sufyan said that 'Abdul Karim Abu Umaiya added to the above, 'Wala haua Wala quwata illa billah' (There is neither might nor power except with Allah)."

(Aluminium Volume 2, Book 21, Number 221)