Du'as for Fasting

**When beginning the fast - Suhur**

وَبِصَوْمِ عَدَدٍ ثُلَّاثٍ مِنْ شَهْرِ رَمَضَانَ

*Wa bisawmi ghadinn nawalytu min shahri ramadan*

I intend to keep the fast for tomorrow in the month of Ramadan

[abu Dawud]

**When breaking the fast - Iftar**

اللَّهُمَّ إِنِّي لَكَ صُمْتُ وَبَكَ امْتَنُتُ [وَعَلِيَّكَ تُوَلَّتْ] وَعَلَى رُزْقِكَ أَفْطَرْتُ

*Allahumma inni laka sumtu wa bika aamantu [wa 'alayka tawakkaltu] wa 'ala rizq-ika aftarthu*

O Allah! I fasted for You and I believe in You [and I put my trust in You] and I break my fast with Your sustenance

["wa 'alayka tawakkaltu" is quoted in some books of knowledge - but not all, hence it is in brackets]

[abu Dawud]

dhahabadh-dhama'u wab-tallatil 'urūqi, wa thabatal arju inshaAllah

The thirst is gone, the veins are moistened and the reward is confirmed, if Allah

[Ta'ala] Wills

[abu Dawud 2:306]
When someone offers you food when you are fasting and you decline

When you are invited to eat, then reply to the invitation. if you are fasting, then invoke Allah’s blessings (on your host), and if you are not fasting then eat

[Muslim; 2:1054]

Upon reaching month of Rajab and Sha’ban

When the Prophet (salAllahu alayhi wasalam) sighted the moon of Rajab (two months before Ramadan) he used to pray to Allah in the following words:

Allahumma barik lana fi Rajab wa Sha’ban wa ballighna Ramadan

O Allah! Make the months of Rajab and Sha’ban blessed for us, and let us reach the month of Ramadan (i.e. prolong our life up to Ramadan, so that we may benefit from its merits and blessings)

[Narrated by at-Tabarani and Ahmad]

When you are fasting, and someone is rude to you

Inni sa’limu, inni sa’limu

I am fasting, I am fasting

[Sahih al-Bukhari, Fath al-Bari of Al-Asqalani; 4:1-3, Muslim; 2:806]
Upon Sighting of the new Moon

Allah is the Greatest. O Allah bring us the new moon with security and faith, with peace and in Islam, and in harmony with what our Lord Loves and what pleases Him. Our Lord and your Lord is Allah

[at-Tirmidhi 5:504, ad-Darimi 1:336]

Upon seeing the first dates of the season

O Allah! Bless us in our dates, and bless us in our town, bless us in our saa' and in our Mudd' (saa' and Mudd' are dry measures used for agricultural produce by the Arabs in the Prophet’s time)

[at-Tirmidhi 5:504, ad-Darimi 1:336]

Recited at intervals of taraweeh prayers

[Surah Al-Imran 3:1]
Upon breaking the fast in someone's home

أفتر عدأً أم الصائمون، وأ آل طعامكم الأبرار، وصلت عليكم الملاذة

Aftara 'indakumus saa'imuna, wa akala ta'aamakumul-abraaru, wasallat 'alaikumul mala'ikat

May those who are fasting break their fast in your home, and may the dutiful and pious eat your food and may the angels send prayers upon you.

[abu Dawud 3:367, ibn Majah 1:556, an Nasa'i]

On Lailatul Qadr - the Night of Power

Aishah (radhiya Allahu Ta'ala anha), that she said: "O Messenger of Allah! What if I knew which night Lailatul-Qadr was, then what should I say in it?" He said 'Say

اللهُمَّ إِنَّكَ عَفُوٌّ، نُحِبُّ الْعَفُوْ فَاعْفِعْ عَنِّي

Allahumma innaka 'affuwun tuhibbul 'afwa fa'fu 'anni "

O Allah You are The One Who pardons greatly, and loves to pardon, so pardon me.

[at Tirmidhi]